

2022/2023 REGION 5 ATHLETICS CHAMPIONSHIPS

Scheduled Saturday 4th February and Sunday 5th February, 2023

Times listed on the left hand side are **NOT BEFORE** times. Events will not begin before this time, however they may begin later.

Note: Athletes are required to be at the venue 60 minutes prior to the Not Before Time.

ORDER OF EVENTS - TRACK SATURDAY 4th FEBRUARY

Not Before Time

8:00 AM	T#1	U11	Girls	1500m	Final
	T#2	U11	Boys	1500m	Final
	T#3	U12	Girls	1500m	Final
	T#4	U12	Boys	1500m	Final
	T#5	U13	Girls	1500m	Final
	T#6	U13	Boys	1500m	Final
	T#7	U14	Girls	1500m	Final
	T#8	U14	Boys	1500m	Final
	T#9	U15	Girls	1500m	Final
	T#10	U15	Boys	1500m	Final
	T#11	U17	Girls	1500m	Final
	T#12	U17	Boys	1500m	Final
9:20 AM	T#13	U8	Girls	60m Hurdles	Heats
	T#14	U8	Boys	60m Hurdles	Heats
	T#15	U9	Girls	60m Hurdles	Heats
	T#16	U9	Boys	60m Hurdles	Heats
	T#17	U10	Girls	60m Hurdles	Heats
	T#18	U10	Boys	60m Hurdles	Heats
	T#19	U11	Girls	80m Hurdles	Heats
	T#20	U11	Boys	80m Hurdles	Heats
	T#21	U12	Girls	80m Hurdles	Heats
	T#22	U12	Boys	80m Hurdles	Heats
10:15 AM	T#23	U8	Girls	60m Hurdles	Final
	T#24	U8	Boys	60m Hurdles	Final
	T#25	U9	Girls	60m Hurdles	Final
	T#26	U9	Boys	60m Hurdles	Final
	T#27	U10	Girls	60m Hurdles	Final
	T#28	U10	Boys	60m Hurdles	Final
	T#29	U11	Girls	80m Hurdles	Final
	T#30	U11	Boys	80m Hurdles	Final
	T#31	U12	Girls	80m Hurdles	Final
	T#32	U12	Boys	80m Hurdles	Final
11:00 AM	T#33	U13	Girls	200m Hurdles	Timed Finals
	T#34	U13	Boys	200m Hurdles	Timed Finals
	T#35	U14	Girls	200m Hurdles	Timed Finals
	T#36	U14	Boys	200m Hurdles	Timed Finals
	T#37	U15	Girls	300m Hurdles	Timed Finals
	T#38	U15	Boys	300m Hurdles	Straight Final
	T#39	U17	Girls	300m Hurdles	Timed Finals
	T#40	U17	Boys	300m Hurdles	Timed Finals
11:45 AM	T#41	U8	Girls	100m	Heats
	T#42	U8	Boys	100m	Heats
	T#43	U9	Girls	100m	Heats
	T#44	U9	Boys	100m	Heats
	T#45	U10	Girls	100m	Heats
	T#46	U10	Boys	100m	Heats
	T#47	U11	Girls	100m	Heats
	T#48	U11	Boys	100m	Heats
12:10 PM	T#49	U12	Girls	100m	Heats
	T#50	U12	Boys	100m	Heats
	T#51	U13	Girls	100m	Heats
	T#52	U13	Boys	100m	Heats
	T#53	U14	Girls	100m	Heats
	T#54	U14	Boys	100m	Heats
	T#55	U15	Girls	100m	Heats
	T#56	U15	Boys	100m	Heats

	T#57	U17	Girls	100m	Heats
	T#58	U17	Boys	100m	Heats
12:50 PM	T#59	U8	Girls	400m Pack Start	Timed Finals
	T#60	U8	Boys	400m Pack Start	Timed Finals
	T#61	U9	Girls	400m	Timed Finals
	T#62	U9	Boys	400m	Timed Finals
	T#63	U10	Girls	400m	Timed Finals
	T#64	U10	Boys	400m	Timed Finals
	T#65	U11	Girls	400m	Timed Finals
	T#66	U11	Boys	400m	Timed Finals
1:40 PM	T#67	U12	Girls	400m	Timed Finals
	T#68	U12	Boys	400m	Timed Finals
	T#69	U13	Girls	400m	Timed Finals
	T#70	U13	Boys	400m	Timed Finals
	T#71	U14	Girls	400m	Timed Finals
	T#72	U14	Boys	400m	Timed Finals
	T#73	U15	Girls	400m	Timed Finals
	T#74	U15	Boys	400m	Timed Finals
	T#75	U17	Girls	400m	Timed Finals
	T#76	U17	Boys	400m	Timed Finals
2:25 PM	T#77	U9/10	Girls	Multi Class 200m	Timed Final
	T#78	U9/10	Boys	Multi Class 200m	Timed Final
	T#79	U11/12	Girls	Multi Class 200m	Timed Final
	T#80	U11/12	Boys	Multi Class 200m	Timed Final
	T#81	U13/14	Girls	Multi Class 200m	Timed Final
	T#82	U13/14	Boys	Multi Class 200m	Timed Final
	T#83	U15/17	Girls	Multi Class 200m	Timed Final
	T#84	U15/17	Boys	Multi Class 200m	Timed Final
2:35 PM	T#85	U8	Girls	100m	Final
	T#86	U8	Boys	100m	Final
	T#87	U9	Girls	100m	Final
	T#88	U9	Boys	100m	Final
	T#89	U10	Girls	100m	Final
	T#90	U10	Boys	100m	Final
	T#91	U11	Girls	100m	Final
	T#92	U11	Boys	100m	Final
	T#93	U12	Girls	100m	Final
	T#94	U12	Boys	100m	Final
	T#95	U13	Girls	100m	Final
	T#96	U13	Boys	100m	Final
	T#97	U14	Girls	100m	Final
	T#98	U14	Boys	100m	Final
	T#99	U15	Girls	100m	Final
	T#100	U15	Boys	100m	Final
	T#101	U17	Girls	100m	Final
	T#102	U17	Boys	100m	Final
3:15 PM	T#103	U13	Girls	3000m	Final
	T#104	U13	Boys	3000m	Final
	T#105	U14	Girls	3000m	Final
	T#106	U14	Boys	3000m	Final
	T#107	U15	Girls	3000m	Final
	T#108	U15	Boys	3000m	Final
	T#109	U17	Girls	3000m	Final
	T#110	U17	Boys	3000m	Final

ORDER OF EVENTS - TRACK SUNDAY 5th FEBRUARY

Not Before Time

8:00 AM	T#111	U9	Girls	700m Walk	Final
	T#112	U9	Boys	700m Walk	Final
	T#113	U10	Girls	1100m Walk	Final
	T#114	U10	Boys	1100m Walk	Final
	T#115	U11	Girls	1100m Walk	Final
	T#116	U11	Boys	1100m Walk	Final
	T#117	U12	Girls	1500m Walk	Final
	T#118	U12	Boys	1500m Walk	Final
	T#119	U13	Girls	1500m Walk	Final
	T#120	U13	Boys	1500m Walk	Final
	T#121	U14	Girls	1500m Walk	Final
	T#122	U14	Boys	1500m Walk	Final
	T#123	U15	Girls	1500m Walk	Final
	T#124	U15	Boys	1500m Walk	Final
	T#125	U17	Girls	1500m Walk	Final
	T#126	U17	Boys	1500m Walk	Final
9:30 AM	T#127	U9 - U12	Girls	4 x 100m Relay	Final
	T#128	U9 - U12	Boys	4 x 100m Relay	Final
	T#129	U13 -U17	Girls	4 x 100m Relay	Final
	T#130	U13 -U17	Boys	4 x 100m Relay	Final
9:55 AM	T#131	U8	Girls	700m Pack Start	Final
	T#132	U8	Boys	700m Pack Start	Final
	T#133	U9/10	Girls	Multi Class 800m	Final
	T#134	U9/10	Boys	Multi Class 800m	Final
	T#135	U11/12	Girls	Multi Class 800m	Final
	T#136	U11/12	Boys	Multi Class 800m	Final
	T#137	U13/14	Girls	Multi Class 800m	Final
	T#138	U13/14	Boys	Multi Class 800m	Final
	T#139	U15/17	Girls	Multi Class 800m	Final
	T#140	U15/17	Boys	Multi Class 800m	Final
10:15 AM	T#141	U9	Girls	800m	Final
	T#142	U9	Boys	800m	Final
	T#143	U10	Girls	800m	Final
	T#144	U10	Boys	800m	Final
	T#145	U11	Girls	800m	Final
	T#146	U11	Boys	800m	Final
10:45 AM	T#147	U12	Girls	800m	Final
	T#148	U12	Boys	800m	Final
	T#149	U13	Girls	800m	Final
	T#150	U13	Boys	800m	Final
	T#151	U14	Girls	800m	Final
	T#152	U14	Boys	800m	Final
	T#153	U15	Girls	800m	Final
	T#154	U15	Boys	800m	Final
	T#155	U17	Girls	800m	Final
	T#156	U17	Boys	800m	Final
11:25 AM	T#157	U8	Girls	70m	Heats
	T#158	U8	Boys	70m	Heats
	T#159	U9	Girls	70m	Heats
	T#160	U9	Boys	70m	Heats
	T#161	U10	Girls	70m	Heats
	T#162	U10	Boys	70m	Heats
11:55 AM	T#163	U13	Girls	80m Hurdles	Heats
	T#164	U13	Boys	80m Hurdles	Heats
	T#165	U14	Girls	80m Hurdles	Heats
	T#166	U14	Boys	90m Hurdles	Heats
	T#167	U15	Girls	90m Hurdles	Heats
	T#168	U15	Boys	100m Hurdles	Heats
	T#169	U17	Girls	100m Hurdles	Heats
	T#170	U17	Boys	110m Hurdles	Heats
12:35 PM	T#171	U8	Girls	70m	Final
	T#172	U8	Boys	70m	Final

	T#173	U9	Girls	70m	Final
	T#174	U9	Boys	70m	Final
	T#175	U10	Girls	70m	Final
	T#176	U10	Boys	70m	Final
12:55 PM	T#177	U9/10	Girls	Multi Class 100m	Timed Final
	T#178	U9/10	Boys	Multi Class 100m	Timed Final
	T#179	U11/12	Girls	Multi Class 100m	Timed Final
	T#180	U11/12	Boys	Multi Class 100m	Timed Final
	T#181	U13/14	Girls	Multi Class 100m	Timed Final
	T#182	U13/14	Boys	Multi Class 100m	Timed Final
	T#183	U15/17	Girls	Multi Class 100m	Timed Final
	T#184	U15/17	Boys	Multi Class 100m	Timed Final
1:00 PM	T#185	U13	Girls	80m Hurdles	Final
	T#186	U13	Boys	80m Hurdles	Final
	T#187	U14	Girls	80m Hurdles	Straight Final
	T#188	U14	Boys	90m Hurdles	Final
	T#189	U15	Girls	90m Hurdles	Final
	T#190	U15	Boys	100m Hurdles	Straight Final
	T#191	U17	Girls	100m Hurdles	Final
	T#192	U17	Boys	110m Hurdles	Final
1:30 PM	T#193	U8	Girls	200m	Heats
	T#194	U8	Boys	200m	Heats
	T#195	U9	Girls	200m	Heats
	T#196	U9	Boys	200m	Heats
	T#197	U10	Girls	200m	Heats
	T#198	U10	Boys	200m	Heats
	T#199	U11	Girls	200m	Heats
	T#200	U11	Boys	200m	Heats
2:05 PM	T#201	U12	Girls	200m	Heats
	T#202	U12	Boys	200m	Heats
	T#203	U13	Girls	200m	Heats
	T#204	U13	Boys	200m	Heats
	T#205	U14	Girls	200m	Heats
	T#206	U14	Boys	200m	Heats
	T#207	U15	Girls	200m	Heats
	T#208	U15	Boys	200m	Heats
	T#209	U17	Girls	200m	Heats
	T#210	U17	Boys	200m	Heats
3:10 PM	T#211	U8	Girls	200m	Final
	T#212	U8	Boys	200m	Final
	T#213	U9	Girls	200m	Final
	T#214	U9	Boys	200m	Final
	T#215	U10	Girls	200m	Final
	T#216	U10	Boys	200m	Final
	T#217	U11	Girls	200m	Final
	T#218	U11	Boys	200m	Final
3:25 PM	T#219	U12	Girls	200m	Final
	T#220	U12	Boys	200m	Final
	T#221	U13	Girls	200m	Final
	T#222	U13	Boys	200m	Final
	T#223	U14	Girls	200m	Final
	T#224	U14	Boys	200m	Final
	T#225	U15	Girls	200m	Final
	T#226	U15	Boys	200m	Final
	T#227	U17	Girls	200m	Final
	T#228	U17	Boys	200m	Final